

Handout 3: WHAT IS YOUR HEART'S DESIRE?



Name.....

God plants and develops certain desires and longings in our hearts.

These are the things which motivate and excite us... the things we most love or long to do. These “heart’s desires” are pointers to the kind of ministry which God may be calling us to.

Directions:

- a) Pray for insight as you write your answers to these questions.
 - b) There are no right or wrong answers! If you get stuck on a question, just leave it blank.
You can always come back to it later.
 - c) Don’t be concerned about whether or how you could do a certain thing.
 - d) Complete the questionnaire as if there were no obstacles to fulfilling your heart’s desire. Dream dreams! (We can be practical later).
 - e) Write down the first instinctive response which comes into your mind.
It might be just one word, or two or three things. (You have about one minute per question!)
-

- 1) If I won a million pounds tomorrow, what would I do with it?
- 2) What do I enjoy most? Why?
- 3) What gives me the greatest sense of satisfaction and fulfilment?
- 4) If someone were to ask a group of my friends, what would they say I am really interested in or enthusiastic about?
- 5) What are the things I have always wanted to do, but have always put off?

- 6) If I knew I simply couldn't fail, what is the first thing I would do?
- 7) What sort of person would I like people to remember me as being?
- 8) At the end of my life, I'd love to be able to look back and know that I had done something about...
- 9) If I could change 3 things to make the world a better place, what would they be?
- 10) What issues, causes or beliefs do I care most passionately about?
(E.g. What do I get most concerned, excited or angry about?!)
- 11) What activities, tasks or roles do I most want to be involved in?
- 12) Who are the people I would most like to help, serve or work with?
(E.g. a particular age group or people in a specific situation, problem, activity or profession?)
- 13) What place or context do I care about most?
(My workplace/neighbourhood/area/country/somewhere abroad?)
- 14) What do I long for, for the life of my church?

Now try to focus your Heart's Desire. Look at your answers above. Does any theme or pattern or need emerge from several of them? Jot it down here.

You could pray with a trusted friend or prayer partner as you consider what God is saying.