

Handout 6: Reflecting on your SHAPE



You have looked at 5 different aspects of who you are and what God's unique calling is for your life right now and in the future.

What can you do with this information and insight? Here are some suggested activities:

You might want to talk and pray this through with a trusted friend or leader.

1. Where I am right now

Reflect and pray about your current CIRCUMSTANCES. We don't live in a vacuum: we all operate within a setting of family, friendships, work, health, finances and geography which have an impact on how we live out our calling right now.

In what ways do your current circumstances affect your SHAPE? How might God be working in you and through you in the circumstances you currently face? How is he calling you to make a difference for him where you are right now?

2. A good fit?

In this series, did you sense any discomfort when you considered your SHAPE and compared it to ways you currently serve, both in the church setting and out on your frontlines? Pray about this with a friend. Record your thoughts in a journal. Discuss with a trusted friend or a leader. It could be that God is calling you to align your activity more towards your God-given SHAPE.

3. New horizons

In this series did you sense any signposts towards something new?

Discuss with one of the team/ your life group leader if you would like to find out about a new area of ministry in which to serve, a deepening of involvement in one area of church or frontline ministry. Or just volunteer for something or start serving on a frontline and see what it leads you!

4. Take it further

- Ask if you are interested in being part of a SHAPE course where you can explore these ideas more thoroughly.
- Form a prayer triplet with two others where you can continue to pray for each other.
- Ask about Prayer ministry if you feel you would like support for what has come up
- Start or continue a prayer journal as you review what you've learned about yourself and what God has stirred up in you.